North Shore Church News

growing God's church



Our Purpose is to Grow and Deepen Christian Discipleship in a Faith Community Guided by the Holy Spirit.

"A Few Thoughts On....."

Hope

Our Purpose is to Grow and Deepen Christian Discipleship in a Faith Community Guided by the Holy Spirit.



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Sunday Morning

8:00 Worship—Chapel 10:00 Worship—Sanctuary 10:15 Sunday School 11:00 Coffee & Fellowship

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Vol. 36 Issue 3



Dear Friends,

As we gathered for worship last Sunday (February 18), I found it fascinating that I had the same conversation with 4-5 people throughout the morning. The sun was brightly shining, the temperatures were warming, the weather forecasts were predicting temperatures in the 30's and 40's every day for the foreseeable future, and there was something of a universal lift of the spirit that came from the knowledge that, even if just a little, the season was starting to turn. It was remarkable, to me, that such a sentiment was settling in the hearts and minds of so many of us while we were still in mid-February. But, it was also a profound reminder of the power of hope!

No one I spoke to on Sunday expected that spring was going to be here next week. No one thought that we'd see flowers blooming in the coming days. And, no one had any misconceptions about the fact that there would still be cold snaps and snowy days ahead. But, even for those of us who live in Wisconsin, the cold, snow and early darkness can begin to wear on us over time, and the fact that we would still see more of those days meant nothing in the face of that brief reminder that the season was starting to change. For so many, that morning, the truth that more winter was still ahead was readily tolerable in the face of the hope that steadily, and increasingly near, the signs of the changing season were beginning to appear. In other words, the reality of more tiresome winter days was softened by the reminder of the hope we have in the ensuing spring.

That's the power of hope! In Hebrews we read that, "faith is the assurance of things hoped for, the conviction of things not seen." In faith, we have hope. Not that today will be perfect...not that tomorrow will be without strife...not that the wearing winters of life will immediately and permanently subside to better days...but that there is a light at the end of

Hope, continued...

the tunnel and a promise for a better tomorrow. That's the power of hope – that no matter how wearisome today may be, we can trust in the promises of God that can lead us to the possibility of a better tomorrow!

In so many small ways I was reminded, on Sunday, of the power of hope. Our spirits were just a bit lifted. Our gathering was just a bit more jovial. Our energy was just a bit more enlivened. It may be a small thing to consider that some of this energy was stemming from conversations surrounding the weather, but I think it is a big thing to consider that this energy was stemmed by the power of hope. Because in faith, we have hope. In Christ, we have hope. In life, we have hope in the promises of God. The wearisome winter days will happen – and sometimes they will seem to linger. But, by the grace of God, those wearisome todays will, in time, give way to better tomorrows! If we can set our sights on that promise, the power of that hope can make a remarkable difference as it lifts us up, even amidst those lingering, wearisome, days of winter.

Your Pastor and Friend, **Marty**

Join your church family for our annual ${\it Eggztravaganza}$

Palm Sunday, March 25

Stay for our delicious **Egg Bake Brunch** after the 10am worship service (proceeds benefit our Hosanna Mission Team), followed by an Easter Story and scavenger hunt for kids.





EDUCATION AND FORMATION OPPORTUNITIES

Thursday Morning
Bible Discussion: Join
us in Friendship Lounge
on Thursday mornings
from 9:30-11:00 as we
continue our discussion
of the Gospel of John.
Drop in if you want to
see and hear what we
are up to.



The Tuesday Morning Book Group meets in Friendship Lounge on Tuesdays from 10-11 am. On March 13, we will begin discussing Barbara Brown Taylor's Learning to Walk in the Dark, with chapters and discussion considering a way to find spirituality in those times when we don't have all the answers. Please let



Rev. Julie know if you would like us to order a copy for you, \$9.50.

If you have any questions or thoughts about Bible studies and book groups, please contact Rev. Julie Sheridan-Smith at 414-588-8693 or juliesmith@northshorecongl.org.

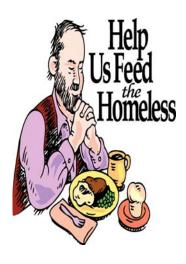
Wednesday Evening Lenten Soup and Table Talk

Wednesday evening Soup and Table talk will take place on each Wednesday through March

21, from 6 to 7 pm in Friendship Lounge. Enjoy delicious simple suppers prepared for you by the Soupers and conversation centering each week on one of Final Words of Jesus (includes a brief video presentation). If you are available to stay after to help clean up, please contact Rev. Julie. Many hands make light work!



FELLOWSHIP AND OUTREACH OPPORTUNITIES



Repairers of the Breach Lunch Making

On March 4 be part of our mission and outreach to Repairers of the Breach daytime homeless shelter. Come to the church kitchen right after the 10 am service and help make 75 bag lunches. Wondering about other ways you can help? We are happy to have people volunteer to make cookies to include in each bag or donate items such as carrots, bread, pretzels, peanut butter or jelly (we currently have donations of bottled water and fruit). We are also building a team of volunteers who can take turns delivery the bag lunches on Monday morning by 11:00 or earlier. Contact Jane Ford (janer1975@hotmail.com) or Mary Kramer (mewkramer@sbcglobal.net) to volunteer!

Chair Yoga is a gentle form of Yoga adapted to do while sitting on a chair or standing with a chair as support. Chair Yoga offers improvement for mobility and flexibility, overall health and relaxation. Dress comfortably, we provide chairs and a relaxing environment. Sessions are offered on Thursdays from 11:15-12:15 in Friendship Lounge. \$10 per session to drop in or sign up for the next 6-week session that starts April 5 (\$54 for 6 week session). Please note there is no Chair Yoga on March 29. The instructor is Erica Boos. Please contact Rev. Julie to sign up, or if you have any



LOAVES AND FISHES

March 20, 2018

CASSEROLES DESSERTS

Confirmation	Bauzenberger
Confirmation	Dowsett
Confirmation	Grove
Ford	Hadcock
Miller	Lemorande
Quilling	Navarro
Tornetta	Papineau
	Schill
	Petersen
	Wood
	Zimmer
	Zganjar



MAN DOES NOT LIVE ON BREAD ALONE BUT ON EVERY WORD THAT COMES FROM THE MOUTH OF THE LORD. DEUTERONOMY 8:3

DRIVERS

Confirmation	Confirmation	Confirmation

SERVERS

Confirmation	Confirmation
Confirmation	Confirmation
Confirmation	Confirmation
Confirmation	Confirmation

HOLY WEEK



Holy Week Services

- ◆ Join us, Palm Sunday, while we celebrate Jesus' triumphal entry into Jerusalem. The 10am service, on March 25, will include our Chancel Choir, Children's Choir and handbells as we rejoice in the promise of Jesus' coming into our lives.
- Our remembrance of the Lord's Supper on **Maundy Thursday** will follow the pattern we enjoyed last year, as we gather around the table and share in worship, fellowship and food beginning at **6pm**. Gathering in worship, sharing in a light meal, and breaking bread with one another, we will be reminded of what it was like for those who ate with Jesus on that very night he was betrayed.
- On **Good Friday** we will gather at **2pm**, as we have for many years, to worship and reflect upon the crucifixion. The service will end with the tolling of the bell at 3pm.
- We will celebrate the joy and wonder of the resurrection, **Easter morning**, with two services (**one at 9am and the other at 11am**). Both services will be identical, including the choir, brass, and an atmosphere of joy and celebration in the face of the Risen Lord.





Easter Decorations and Dedications

Your Decorating Committee is once again making plans to adorn our beautiful building for the upcoming Easter season. We always look forward to seeing our sanctuary in all its glory as we worship at this very special time of year. Being mindful of the financial strains on both the church budget and our own personal budgets, we do our best to help you experience the true joy and blessings of Easter at North Shore Church. Donations to our flower/decorating fund, which is made available to fund plantings and decorations placed around the church building and campus throughout the year, will be gratefully accepted. We are also always looking for more helping hands and creative ideas, so please consider joining us in this special endeavor. Thank you, Jeannine George.

This is an opportunity to remember or honor someone, or something, by making a contribution and having your message printed in the order of worship on Easter morning. Please return the section below to the church office, with your check made payable to North Shore Congregational Church, by Monday, March 26, 2018.



Name	
I would like the wording in the Easter bulletin to appear (select one):	
In honor of	
	_
In memory of	
In celebration of	_
	_



SYMPHONIC BAND VISIT

Join us for an evening of wonderful music shared by the College of Wooster Symphonic Band on Thursday, March 15, at 7pm. A full symphonic band, bagpipe band, and Scottish dancers will set up in our sanctuary for this truly unique musical opportunity. Share the word with your friends and be here to join us for a great evening!

Hosts

For those who have signed up to host students after the concert on March 15, you will pick up the students at the church around 8:30. Those students need to be back at the church between 7a and 8a on Friday morning. If you have any questions, please speak to Lorna Cadmus or Rev. Marty.

Reception Bakers Needed!

The Fellowship Committee is arranging a reception after the concert on March 15, in order to allow band members, church members, and those from our community, a chance to gather and visit with one another for a brief time. This is a wonderful opportunity to share some hospitality with our community, but we need some help to pull it off. If you would be willing to provide some treats that could be shared during our post-concert reception, please contact Sharon Hall at disneyfamily01@gmail.com or at (262) 236-9847.



HEALTH COMMITTEE

Is Your Blood Pressure Being Taken Correctly?

Hypertension is a major factor in the cause of diseases of the vascular system, affecting the heart, kidneys and brain. Many persons are undiagnosed or readings are inaccurately measured. As a result, standards and guidelines for evaluation of blood pressure were updated last year by the American Heart Association and the American College of Cardiology. All medical professionals are advised to follow a checklist which is designed to avoid false positive or false negative readings, as follows:

Do not exercise, consume caffeine or smoke within 30 minutes of having your blood pressure measured.

- Be aware the cuff must be placed on bare skin, so adjust clothing to accommodate the reading. In some cases it may be necessary to measure in both arms.
- Sit in a <u>chair</u> with legs uncrossed, feet flat on floor, and do not talk for at least 5 minutes before your BP is taken.
- Your arm should be supported on a surface such as a desk. Do not let arm dangle or rest in your lap.
- If your BP is elevated it should be taken in both arms. At next visit, BP should be checked in arm that showed elevated reading.

Optimal reading for the general population is 120-129 over 80 (systolic or top number and diastolic or bottom number).

For patients with diagnosed diabetes, heart or kidney disease, the guideline is 130 over 80. There is no single number that determines blood pressure as it fluctuates throughout the day, and can be influenced by other factors. Two readings should be assessed on separate occasions.

adapted from Aurora Health Care blog

10 Ways to Have a Better Conversation From a TED Talk by Celeste Headlee

The TED talk gives great examples that will help you remember and understand these 10 points, but here are they are:

- © Don't multitask
- On't pontificate
- © Use open ended questions
- © Go with the flow
- © If you don't know, say that you don't know
- © Don't equate your experience with theirs
- Try not to repeat yourself
- © Stay out of the weeds (details)
- © LISTEN (most important)
- © Be brief



To view this go to: https://www.ted.com/talks/ celeste headlee 10 ways to have a better conversation#t-419389

MINISTRY OF THE MONTH - NOMINATING COMMITTEE

2018 NSCC Nominations

Your Nominating Committee is now meeting weekly, beginning to make contacts, and will continue to do so until their work is done.

Our Church Council has scheduled two important meetings of our membership:

- * April 8, following Easter, we will have a brief meeting to simply distribute the Draft Slate of our nominees as a "progress report" for your review.
- * May 6, we will have our full Annual Meeting, which will include distribution of a final Slate of Nominees for consideration to be elected by our members.

Every active member should consider attending these two meetings.

You may contact any member of the Nominating group to learn more:

- ❖ Dave Boerke, elected, (414) 351-3272, David.Boerke@Boerke.com
- ❖ Walt Hadcock, elected, (262) 241-3763, Rhykenology@wi.rr.com
- George Holmes, Member at Large, chosen by Church Council, (414) 351-2663, GHolmes910@Yahoo.com

As well as two folks that are assisting us on a short-term "ad hoc" basis:

- ❖ Amy Gallinger, (847) 528-5923, Strubs77@Yahoo.com
- ❖ Larry Molinari, (262) 242-1251, LMM@Perlick.com





The members of the Benevolence Board thank you for your kindness and your generosity during the past year. Once again, you contributed to the church's special offerings at Easter and Thanksgiving and Christmas. You filled the Harvest Haul boxes and the food pantry boxes with food. You surrounded the Giving Tree with presents. You contributed pajamas and socks and personal care items for the Squeaky Clean drive. We know that the recipients of your many gifts are grateful to you. Your goodness and generosity are a reflection of God's love for us. Let us continue to follow the example of Christ by helping those in need in our community.

The Benevolence Board has selected two local organizations to receive our Special Offering this Easter. These are **Kathy's House**, which is a hospital guest house located near the Froedtert and Medical College of Wisconsin campus, and **Neighborhood House** of Milwaukee, which is a community center offering educational, social and recreational activities to people in need. We will provide more detailed information about these two worthy missions is our Special Offering letter later in March.

Lydia Circle will be attending the Sun., **March 18,** 3pm performance of Acacia Theater's production of "**The Hiding Place,**" at the Concordia University Todd Wehr Auditorium at 12800 North Lake Shore Drive in Mequon, Wisconsin.

Tickets are \$13 for seniors and can be ordered online. Seats are reserved. The theater is not large and a number of tickets have already been sold. If you have specific questions, let Barb know—bgh11464@gmail.com.

By Bradley Winkler, adapted from the book by John and Elizabeth Sherrill.

A newly revised version of Acacia's original stage adaptation, *The Hiding Place* portrays how the light of God's love can penetrate even the darkest recesses of despair. In wartime Holland, the ten Boom family quietly shelters Jews in their small house – until their "hiding place" is discovered. This remarkable portrait of Corrie ten Boom and her sister Betsie's endurance and their sure hope of God as deliverer will move you to tears and to joy.

Following the play, there will be an informal follow up discussion with pot-luck apps/beverages @ Barb's place, just south of Concordia, 11464 N. Lake Shore Dr. No need to make reservations, just bring an app to share and the beverage of your choice.

CHILDREN'S MINISTRY



We continue our journey to Easter!

March 4 "Jesus Meets Zacchaeus" (Luke 19: 1-10)

March 11 "The Poor Widow's Offering" (Mark 12: 41-44; Luke 21: 1-4)

March 18 "Jesus' Triumphant Entry" (Matthew 21:1-11; Mark 11: 1-11; Luke 19: 28-

40; John 12: 12-16)

March 25 "Jesus Washes His Disciples' Feet" (John 13: 1-17)

March Sunday School News!

Save the Date! Sunday, March 25 is Palm Sunday, a fun day at NSCC. We will begin in worship with the Children's Choir singing with the Chancel Choir.



After Sunday school and worship, everyone is invited to the Eggstravaganza brunch hosted by the Fellowship Committee. After brunch we will have an Easter Story and Scavenger Hunt. We hope you can make it!





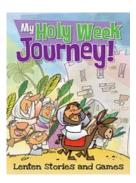


KidsConnect will meet March 11 from 4-5:30. For grades 3-5.



Children's Chapel will meet upstairs with Rev. Julie on March 18 at 10:00am!

Families will be receiving a booklet in the mail called "My Holy Week Journey" that includes coloring pages, mazes, word puzzles and much more. We hope you enjoy this gift from your church.



Questions?
Contact Rev. Julie Sheridan-Smith today!
414-352-6123 or 414-588-8693
juliesmith@northshorecongl.org
Or

Or Leslie Krueger Ircook@uwm.edu



Crib n Crawler will be staffed during worship on Sunday mornings from 9:45 - 11:15.

Happenings with Youth!

Confirmation Class Update



In March the Confirmation class will wind up our discussion about prayer and our visits to the Temple Emanu-El B'nai Jeshurun and the Islamic Center.

March 18 Students and Mentors will meet in the church kitchen to make casseroles for St. Ben's meal program. We serve as a group at St. Ben's on March 20 (Contact Rev. Julie about carpooling from church, leaving at 4 pm or meeting on site).



World Vision's **30 Hour Famine, Friday, March 2**, 7:00 pm - Saturday, March 3, 3:00 pm at First Congregational Church in Wauwatosa (grade 3 - 12). Through discussions, games, inspirational videos, and service events learn about poverty and hunger—fasting from technology (and/or food) while raising funds for the hungry. Fasting is optional! (Elementary age youth fast ONLY from technology.) Meals and light snacks provided for all that choose to fast from technology only. We ask that each participant raise a minimum of \$40. Fund-raising can

be done by collecting checks, or through online donations. Follow this link to join the online donation team https://youth.worldvision.org/index.cfm? fuseaction=donordrive.team&teamID=19678





Sunday school for grades 6 and 7. We are grateful for the ongoing volunteer leadership of Linda Emery who teaches this class most Sundays! Please contact Rev. Julie to volunteer for some occasional Sundays. Lesson, supplies, YouTube clips, games and talking points provided!

YouthConnect

Saturday afternoon, **March 17**, YouthConnect will join in the hilarity for an "interactive improv experience" at **Comedy Sportz** from 3 – 4:30 (meet there at 2:45 or contact Rev. Julie about carpooling). Comedy Sportz is located at 420 S. 1st Street, Milwaukee. Please contact Rev. Julie ASAP if you and friends wish to come so that reservations can be made. This is for grades 6 – 12 (we always need another adult to help!) There is a fee of \$8.50 per person.





Looking ahead for YouthConnect **Sunday**, **April 14**, we will go to make lunch at the **VA Fisher House**. The VA Fisher House is a home away from home for veterans' and military families who need temporary housing while their loved one receives care at the Clement J. Zablocki VA Medical Center. We will leave directly after the 10am worship service to make, serve, and eat lunch with those in residence. Contact Rev. Julie if you would like to help!

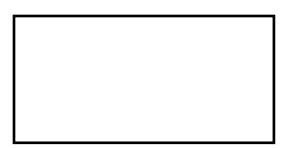
Agape Table

Tuesday evening, **March 27**, Rev. Julie and Rev. Rob Fredrickson will meet with our Milwaukee Area College Students during Holy Week, 7 pm at Ma Fischer's (so glad they have parking there!). Ask Julie about this when you see her.



Parents/Youth: Let us know if there is a special event, games, musical, play etc. that you are involved in so the church can cheer you on! Message Rev. Julie with dates and events.

414-352-6123 North Shore Congregational Church 7330 N. Santa Monica Boulevard Fox Point, Wisconsin 53217



Staff Member:	Email Address:	Church Extension:	Outside Phone:
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Kerrin White	kerrinwhite@northshorecongl.org	x12	
Leslie Krueger	lrcook@uwm.edu	x13	
Rick Kieffer	RLKieffer1@gmail.com		414-698-6252

NORTH SHORE CONGREGATIONAL CHURCH Phone (414) 352-6123 ~ Fax (414) 352-8320 ~ www.NorthShoreCongl.org www.facebook.com/north.church.3

A member church of the National Association of Congregational Christian Churches and the Wisconsin Congregational Association.

MINISTERS

All members of North Shore Congregational Church

Rev. Julie Sheridan-Smith, Associate Minister Rev. Dr. Martin Hall, Senior Minister

Leslie Krueger, Director of Children's Ministries Dr. Rodney Loren, Organist Leslie Krueger, Children's Choir Director Rick Kieffer, Music Director Meike Pampalone, Organist Kerrin White, Office Manager Connie Mullins, Volunteer Office Assistant

Mike Fugarino, Custodian Brian Hanrahan, Katie Lennie, Nicole Lennie and Abby Schill, Sunday Custodians