

# North Shore Church News

*g r o w i n g   G o d ' s   c h u r c h*



OUR PURPOSE IS TO GROW AND DEEPEN  
CHRISTIAN DISCIPLESHIP  
IN A FAITH COMMUNITY GUIDED BY THE  
HOLY SPIRIT.

October 2016

## ***“A Few Thoughts On.....”***

### **The Power of Routine...**

OUR PURPOSE IS TO GROW AND DEEPEN  
CHRISTIAN DISCIPLESHIP  
IN A FAITH COMMUNITY GUIDED BY THE  
HOLY SPIRIT.



Opportunities.....	4
Calendar of Events .....	6
Trunk or Treat .....	7
Loaves & Fishes.....	8
Harvest Haul .....	9
Stewardship .....	12
Health Committee .....	14
Children’s Ministry .....	16
Youth News.....	19

#### **Sunday Morning**

8:00 Worship—Chapel  
10:00 Worship—Sanctuary  
10:15 Sunday School  
11:00 Coffee & Fellowship

©North Shore Congregational Church,  
Fox Point, WI

**Vol. 34 Issue 10**



Dear Friends,

It’s only been a matter of days, at this point, since we have returned to the crazy whirlwind that is the school-year schedule both at church and at home. As I sit to write this message, on September 15, we are only in our third week of school (and our first FULL week of the year), and we are in our second week of full programming in the church. As all of the frenzied activity resumes, however, I am finding myself strikingly reminded of the power of the ‘routine.’

It seems that, for so many of us (regardless of whether or not we have children at home), the beginning of school brings along a plethora of additional duties and responsibilities. After a summer of slightly more relaxed schedules, longer days, and a certain degree of ‘extra’ freedom, things change dramatically in September. From dance rehearsals and homework to church meetings and volunteer responsibilities, the return to the ‘regular year’ brings a different level of commitment and engagement upon many (if not most) of us, and it simply takes a different level of intentionality and routine to make all of those additional pieces work. What has amazed me this year, however, is just how quickly that happens.

Just a few weeks into the program year at the church and the school year with the family, our new routines are already incredibly familiar. The kids know who is going to drive them to school on which days – and what days they need to be up earlier than others. We know what things have to be done as soon as they get home, and what commitments we have to manage throughout the week. We know what the wake-up times are, what the lunch and snack needs are, who wants things packed in what way, and on, and on, and on. Our family, like nearly every household in this church, has its routines to manage the obligations of our daily lives. What has been remarkable to me, however, is how quickly we fall into those routines and how readily something that wasn’t around a week ago can become a ‘norm’ of life today.

## The Power of Routine... cont..

What I question today, however, is how many of us will include our faith, our church, and our relationship with God at the heart of our newly developing routines. Whether we realize it or not, most every aspect of living out our faith is habitual – it's a routine. While the hope and prayer is that our desire to live out our faith comes from a very deep and meaningful connection to God in our lives, the actual enactment of that desire – our living out of our faith in our every day – is something that must become a part of our daily routine. Just as we schedule and form time for carpooling, exercise and family dinner, we need to just as intentionally carve out time regularly for prayer, reflection, worship attendance, service, and all of those other aspects that we long to have as a part of our faithful lives.

The power of a routine is that we fall into it tremendously quickly – and when we do, it becomes our 'norm' before we know it. The challenge of our routines, however, is that the moment we don't make something part of our routine, it very quickly will fall by wayside and get lost altogether. It may be five minutes of prayer at bedtime, 20 minutes of reading at lunch, and hour each week to serve another, or any of a thousand other ways. But, ask yourself the question – how will you build your faith into the routine you are forming this fall? Because, the simple truth is that if you don't make it a part of that routine, it just isn't going to happen at all!

Your Pastor and Friend, *Marty*

---



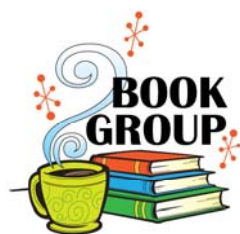
As the saying goes – “Bad things happen to good people.” Why is that? There are times in life when it seems you or loved ones are experiencing these “bad things”...an illness, death in the family, distressing treatments to endure, etc. The PRAYER CHAIN of North Shore Church is here, interceding on your behalf when you feel in dire need of available prayers.

We would like to have a few more church members get involved in this church ministry. These are tough times for many and you could help just by passing on a prayer request and continue to ask for God's help for that person or persons in your daily prayers.

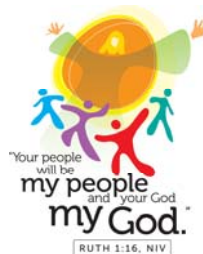
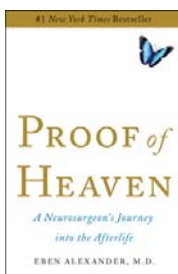
Please consider joining the **PRAYER CHAIN** here at North Shore Church. You can do so by calling the church office or Lois Malkasian – (262) 236-0254.

## EDUCATION AND FORMATION OPPORTUNITIES

### Tuesday Morning Book Group



Meets in Friendship Lounge on Tuesdays 10-11 am. We continue our discussion on William Kent Krueger's novel Ordinary Grace. Mid-October we will begin to read and discuss Proof of Heaven: A Neurosurgeon's Journey into the Afterlife by Eban Alexander M.D. Contact Rev. Julie if you would like her to order a book for you.



### Thursday Morning Bible Study

Join us in Friendship Lounge on Thursday mornings from 9:30-11:00 for engaging conversation with the Bible and each other. In October we will complete our discussion of the book of Ruth, and beginning in November we will begin with the Book of Acts. If you have an interest or would like to simply come and see if this is for you, please feel free to join us in Friendship Lounge.

*If you have any questions or thoughts about Bible studies and book groups, please contact Rev. Julie Smith at 414-588-8693 or [juliesmith@northshorecongl.org](mailto:juliesmith@northshorecongl.org).*

### Wednesday Evening Study with Professor John Perry

John Perry continues to discuss Resurrection Appearances of Jesus on Wednesday evenings, 6:30 – 8:00, in the upper room classroom. Come for what is sure to be an intriguing, enlightening and challenging discussion on this core aspect of our faith.



### Knit together by God

Get started on your Christmas projects, or work on a prayer shawl, but come to knit/crochet and chat on Friday, October 21, 1pm – 2 pm. NOTE! We will meet at Elizabeth Krueger's/Sarah Chudnow's library space. Contact Rev. Julie if you would like a ride! Do you have some good patterns ideas to share - bring them!





## FELLOWSHIP AND OUTREACH OPPORTUNITIES

### Repairers of the Breach Lunch Making

For October our bag lunch making for Repairers of the Breach will be a part of our World Communion Sunday celebration. During our international potluck luncheon after worship we will have the makings ready for you to join in if you wish! This is a wonderful activity that people of all ages can do together. If you wish to help by donating items such as pretzels, carrots, peanut butter or jelly please contact Tom Smith at [jtsmith5@sbcglobal.net](mailto:jtsmith5@sbcglobal.net) or call 414-774-8688.



Lydia Circle will meet Monday, **October 24, from 10am-noon.** We'll either be working on Capes of Hope (polar fleece capes for cancer patients) and/or making polar fleece scarves as we've done in the past. Meet in Fellowship Hall, downstairs, and please bring scissors and any buttons, ribbons, etc. you may have to decorate the cape lapels. Bring a friend or new member!



### Weed n Feed:

We need Your help preparing the gardens before winter. **October 4, 4:30-6:30**, stay for bowl of chili before you go home (or to the All Board Meeting at 7. On Saturday morning **November 19, 9-11** come for the "final cut down." Bring some gloves and light tools! It is always a joy to work together. Contact Judy Shirley [judyshirley@wi.rr.com](mailto:judyshirley@wi.rr.com) to RSVP!



"Serve Day" hosted by The Wisconsin Congregational Association for our sister church (Plymouth Congregational Church) in Racine. Projects run from **11am to 2pm, October 22!** Help serve a church and community in need. Go as an individual or create a team for a project.



Go to [serveday.org](http://serveday.org) for information and to sign up! Contact Rev Julie if you have any questions.

## FALL CALENDAR OF EVENTS - LOOKING FORWARD



<b>October 2</b>	World Communion Sunday, All Church Potluck, Repairers of the Breach Lunch Bag Express, YouthConnect Breakfast and Harvest Haul Launch	
<b>October 9</b>	Bible Sunday, Stewardship Drive Launch and KidsConnect	
<b>Oct. 9– Nov. 13</b>	Stewardship Drive	
<b>October 16</b>	YouthConnect Breakfast, Children's Choir sings, Souper's Chili Sale	
<b>October 23</b>	Children's Chapel	
<b>November</b>	Poinsettia Greenery Sale - pick up date TBD	
<b>November 6</b>	Communion/Remembrance Sunday, YouthConnect, Repairers of the Breach Bag Lunch Express - DAYLIGHT SAVINGS TIME ENDS	
<b>November 13</b>	Stewardship Drive Conclusion, Children's Choir Sings, Packers Bash Lunch and KidsConnect	
<b>November 20</b>	Children's Chapel, YouthConnect Breakfast	
<b>November 24</b>	Thanksgiving Worship	
<b>November 27</b>	1st Sunday of Advent, Giving Tree Begins	
<b>December 4</b>	2nd Sunday of Advent, Communion, YouthConnect Breakfast, Repairers of the Breach Bag Lunch Express and Confirmation Cookie Delivery after Worship	
<b>December 11</b>	3rd Sunday of Advent, Music Sunday and Advent Luncheon and Festival	
<b>December 18</b>	4th Sunday of Advent, Christmas Carol Sing and Worship with Pageant	
<b>December 24</b>	Candlelight Services	
<b>December 25</b>	Lessons and Carols	

## SAVE THE DATE!

Mark your calendars for our **World Communion Potluck - Sunday, October 2**, immediately following the 10am worship service. In celebration of World Communion Sunday, we will follow worship with a potluck in which every member will be encouraged to bring a dish that is a reflection of their own ancestry/heritage. While people are welcome to bring any dish, we are suggesting the following categories in order to ensure a variety of foods.

Last names starting with...

A-G: Appetizer or side dish.

H-P: Main dish.

Q-Z: Dessert.

Start thinking about what you might bring, and join us on October 2 for this wonderful time of food and fellowship around the table.

WORLD COMMUNION  
Potluck



---

## Trunk or Treat – October 22, 2016 (4-6 pm)

- ☺ **Wanted:** Fairies and Ninja Turtles to go trick or treating car to car!
- ☺ **Seeking:** Witches and Warlocks to decorate their cars in Halloween themes!
- ☺ **Calling:** Everyone...

...people of *all ages* to join in a new and exciting event at North Shore Church! Trunk or Treat will feature kids (and adults!) in costume, crafts, food, trick or treating, and cars decorated by YOU! Set up for cars begins at 4 PM. Festivities begin at 4:30 pm. Costume awards (for the people and the cars) and 'trunk or treating' will begin at 5:30 pm.



We will provide the hotdogs, chips and drinks – please bring chili for the Chili Cook-off contest or a dessert, salad, or finger food to pass.

Sign up in Friendship Lounge. With any questions, or to volunteer to help with setup or clean-up, please contact Sharon Hall at [disneyfamily01@gmail.com](mailto:disneyfamily01@gmail.com).

So, invite your friends, get out your costumes, plan the decorations for your car, grab a bag of candy to distribute during trunk or treating, and join us October 22 for this unique and fun-filled fellowship event for all ages! **We need everyone!**

## LOAVES AND FISHES

October 18, 2015

### CASSEROLES

### DESSERTS

Miller	Dowsett
Quilling	Hadcock
Ritke	Lemorande
Streich	Schill
Wauck	Sweet
Cook	Weber
Enea	Zganjar
Ford	Block
Lange	Callaway
-----	Lennie
-----	Holmes
-----	Schuyler



MAN DOES NOT LIVE ON  
BREAD ALONE BUT ON  
EVERY WORD THAT COMES FROM  
THE MOUTH OF THE LORD.  
DEUTERONOMY 8:3

### DRIVERS

Osborne	Lange	Quilling
---------	-------	----------

### SERVERS

Lange	Schuyler
Lange	Schuyler
Lange	Schuyler
Lange	Schuyler



## HARVEST HAUL

# Harvest Haul

October 2, 9,  
16, 23, 30 of 2016

### 3 CHALLENGES TO CHOOSE FROM:

Challenge #1: Select a box from home  
and fill every square inch of it!

How many square inches do you have?

Challenge #2: Donate your height

How do you stack up?

Challenge #3: Fill a leaf bag to the brim!



North Shore Congregational Church  
7330 North Santa Monica Blvd., Fox Point, WI  
[www.northshorecongl.org](http://www.northshorecongl.org)

1
2
3
4
5
6
7
8
9
10
11

# STEWARDSHIP

## The Law of Increasing Returns

Have you heard of the law of increasing returns? It means the more you put into something, the greater the potential return. Over the years, it has been applied to a variety of worldly pursuits – in finance, technology, manufacturing, etc. – and the principle remains constant: the greater the input/investment applied, the greater the output/reward.

It is also an abiding precept of our Christian faith and fellowship. And the Bible (naturally!) had this covered from the very outset. It is encapsulated in a New Testament parable your Stewardship Board will be introducing this fall: the story of a tiny particle that matures into something bounteous and beautiful. It is a process that requires great care and nurturing, and it goes to the very heart of Stewardship.

So what is this parable, and what does this have to do with Stewardship? Now that we have planted the seed, please join us on October 9 - and throughout this fall season (and beyond!) - to explore the many unique and compelling ways we can contribute as faithful stewards of this church, with all the blessings that may follow.

In Faith,

Your Stewardship Board

*Grant Gallinger*

*Cindy Journey*

*Bruce Loder*

*Rick Ruenzel*

*Susan Wauck*



## COFFEE CHORDS & KIDS

### Coffee, Chords and Kids! A Neighborhood First Friday Event!

Come for an evening of live music, coffee, tea, and desserts for the adults and movie for the kids. 6:30 – 8:30 on the first Friday of each month. Hosted at North Shore Congregational Church 7330 N Santa Monica Blvd. Fox Point. This is a neighborhood event! (There is no charge, a free will offering for the musicians appreciated.) See the starting line up below!

#### October 7: Luke Cerney

Hailing from a small town in Northeastern Wisconsin, Luke has been playing multiple instruments, singing, and writing songs since a young age. His passion for performing and entertaining was brought to life when he relocated to Milwaukee in 2012 and witnessed the vibrance and breadth of the local music scene there. With deep roots in Americana, his eclectic fingerstyle and slide guitar playing combined with soulful vocals cover a wide variety of genres including blues, folk and country as well as many other classic and contemporary styles.

#### November 4: Naeim Rahmani

Born in Isfahan, Iran, Naeim emigrated to the US in 2003. Naeim, an award winning guitarist, performs regularly the Milwaukee area, Seattle, and internationally and is currently part of the guitar faculty at the Latino Arts String program in Milwaukee, a non-profit organization dedicated to encouraging the artistic development of youth in the community.



#### *NSCC folks - how can you be involved?*

Come and enjoy, invite your neighbors (there are flyers available to distribute), bake a delicious desert to serve in the “coffee house” or be a “welcomer” at the doors. Please contact Rev. Julie and let her know what you can do!

# HEALTH COMMITTEE

## STRESS MANAGEMENT

Stress is the normal psychological and physical reaction to the ever-increasing demands of life. It's easy to identify sources of stress following a major event such as changing jobs, moving or losing a loved one. Without stress management your body is always on high alert. Over time, high levels of stress can lead to serious health problems including depression, heart attack and stroke.

The first step in successful stress relief is to decide to make stress management an ongoing goal and to monitor your stress level. Once you start monitoring your stress level, the next step is to identify your stress triggers. Some causes of stress are easy to identify such as job pressures, relationship problems or financial difficulties. Daily hassles and demands such as commuting or being overcommitted at work also can contribute to your stress level.



- ❖ Exercise – Physical activity plays a key role in preventing and reducing the effects of stress. As we learned in September's Newsletter, walking among the trees helps us to relax and reduce stress.
- ❖ Journal Writing – Writing in a journal helps you process your thoughts and stay in the present. Keeping a simple log of your daily or weekly activities and putting your feelings, frustrations and worries down on paper can help you relieve stress and come to terms with troubling events.
- ❖ Spirituality – Spirituality can help you cope by connecting you to something bigger than yourself. For some it may be a relationship with your family or nature and for others it may be a relationship with your HIGHER POWER and religious practices.
- ❖ Mindfulness Meditation – This technique has proven to increase awareness of the present by focusing on your breathing, body or thoughts. It trains the brain to stay in the present moment and can help you to accept things for what they are. The use of meditation techniques has proven to decrease tension and chronic pain and improve coping skills or your ability to handle stress.

It's not healthy to avoid stressful situations that need your attention, but you would be surprised at the number of stressors you can eliminate by learning to say "no," avoiding people who stress you out, expressing your feelings instead of bottling them up, being willing to compromise and learning to forgive.

## NACCC UPDATE

As your Year Round Delegate to the National Association of Congregational Christian Churches (NACCC) my “job description” has two parts. The first is to provide periodic updates through this Newsletter and to the Council about events, services, and opportunities available through the Association. The second part of being a Year Round Delegate is to take feedback or questions from the congregation back to the NACCC.

The September 2016 issue of the Congregationalist magazine is available in the library or online at <http://www.congregationalist.org/>. This issue includes a several articles about the recent Annual Meeting including a summary of the Congregational Lecture. There are also articles about our Pilgrim Heritage and Thanksgiving.

More detailed summary from the Annual Meeting, including the newly approved Articles of Incorporation and Bylaws, and videos of the Bible and Congregational Lecture are online at <http://www.naccc.org/2016-amc-information.html>.

I would like to hear from you. What would you like to know about the NACCC and its programs? Best way to initiate a conversation is to corner me (Mark Swartwout) after a worship service, or send an email to me at [Mark.Swartwout@gmail.com](mailto:Mark.Swartwout@gmail.com).

---

### By Popular Demand! Souper's Chili Sale

Let the Soupers make Chili for you on **Sunday, October 16** after both services.

Forms will be available for pre-order the week before. Prices are: Quart \$10.00 and Pint \$6.00.







## CHILDREN'S MINISTRY



### Sunday School News

We are in full swing and learning about the stories in the Bible! The children have already learned about Abram, the Israelites, and King David! We are eager to keep moving forward to learn more about the people and events that are so important to our Christian faith! We are still looking for a few people to complete our teaching teams. Please contact Leslie Krueger if you are able to help. If teaching is not for you, we are always in need of classroom helpers! We would love to have you spend an hour with us!



October lesson focus at a glance is:

October 2 – The Believers share with each other (Acts 4: 32-35)

October 9 – The Importance of the Body (1 Corinthians 12: 12-27)

October 16 – John Baptizes People in the River Jordan (Matthew 3: 1-6; Galatians 3: 26-27)

October 23 – Jesus Heals A Paralyzed Man (Mark 2: 1-12; Romans 5:8)

October 30 – Jesus Sends out Disciples (Matthew 9:35; 10:8; 28: 19-20)



Presentation of Bibles

**Bible Sunday** will be on October 9. This is a wonderful day in the life of God's church as we equip our children to grow in their relationship with God, the Bible and NSCC. Join us as we celebrate this special day with them.

**KidsConnect** is a fun group for kids grades 3-6th that meets on the second Sunday of every month from 4:00-5:30. This month we will meet October 9 for some Festive Fall Fun!!!! Bring your friends!!!!

## CHILDREN'S CORNER

**Acolytes/Greeters** - We are grateful for the children that light the sanctuary candles at the beginning of worship each Sunday. We are in the midst of growing this team, so if your child would like to be an acolyte, and need a brief "training" session, please contact Leslie Krueger. Look for the Sunday Preview for opportunities to sign up as an acolyte!

**Children's Choir** is meeting in the new Children's Chapel area in the basement this year from 9:00-9:45. If your child is interested in being part of choir, please contact Leslie Krueger for more information.



**Summer Bible Camp**, held in mid June was once again a huge success! MANY kids, including friends of our church members, attended the three day camp. Our theme this year was Gardening for God. Through stories, games, crafts and baking projects we learned how God created the earth and everything in it! Our goal was to help our friends at Happy Life Children's Home in Kenya Africa to have a garden! They use the food they grow to eat and sell at a market.

**WOW!!!!!!! FEELS GREAT TO BE A PART OF A TEAM!!!!!!!**



**Crib n Crawler** will be staffed during worship on Sunday mornings from 9:45 – 11:15.

**Questions?**  
**Contact Rev. Julie Sheridan- Smith today!**  
414-352-6123 or 414-588-8693  
juliesmith@northshorecongl.org  
Or  
Or **Leslie Krueger**  
LeslieKrueger@lrcook@uwm.edu

## CONFIRMATION CLASS UPDATE

### Confirmation Class



Great start with a great group of kids! Some of us have already served a meal at St. Ben's "Loaves and Fishes." Through October we will talk about the Old Testament and visit with the Rabbi at Congregation Shalom on the afternoon of October 27.

## HAPPENINGS WITH YOUTH!

### YouthConnect@Church!

#### Breakfast gatherings 9 am, October 2 and 16

**October 2:** Our breakfast gathering will be upstairs in the youth room. Bring your thoughts and appetite.

**October 16:** Let's meet in the kitchen and whip up something special, break a few eggs as we break into conversation.

**Other Youth Events (offsite)** will be planned by the youth. Get in the youth "grouchat" as we decide when to do an "Escape Room" together! Please give Rev. Julie your cell phone number to be included.

**Youth Retreat Overnight:** Ozaukee Congregational Church November 4-5. Check in time 6:30 Friday evening, ends at noon on Saturday. This is a Wisconsin Congregational Association Youth event open to all youth in grades 6-12. Watch for details on other Youth Retreat overnights - February at First Congregational Church of Wauwatosa, April here, at NSCC!!

**Parents/Youth:** Let us know if there is a special event, game, musical, play, etc... that you are involved in so the church can cheer you on! Message Rev. Julie with dates and events.



**(USPS 394-740)**

Issued monthly by North Shore Congregational Church, 7330 N. Santa Monica Blvd., Milwaukee, Wisconsin 53217. Annual subscription price 50 cents. Periodical postage paid at Milwaukee, WI. POSTMASTER: Send address changes to North Shore Church News, 7330 N. Santa Monica Blvd., Fox Point, WI 53217.

414-352-6123  
North Shore Congregational Church  
7330 N. Santa Monica Boulevard  
Fox Point, Wisconsin 53217

PERIODICAL POSTAGE  
PAID AT  
MILWAUKEE, WISCONSIN

ADDRESS SERVICE REQUESTED

DATED MATERIAL:

<b>Staff Member:</b>	<b>Email Address:</b>	<b>Church Extension:</b>	<b>Outside Phone:</b>
Rev. Dr. Martin Hall	<a href="mailto:martinhall@northshorecongl.org">martinhall@northshorecongl.org</a>	x15	248-245-0415
Rev. Julie Sheridan-Smith	<a href="mailto:juliesmith@northshorecongl.org">juliesmith@northshorecongl.org</a>	x14	414-588-8693
Kerrin White	<a href="mailto:kerrinwhite@northshorecongl.org">kerrinwhite@northshorecongl.org</a>	x12	
Leslie Krueger	<a href="mailto:lrcook@uwm.edu">lrcook@uwm.edu</a>	x13	
Rick Kieffer	<a href="mailto:rickkieffer@northshorecongl.org">rickkieffer@northshorecongl.org</a>		

**NORTH SHORE CONGREGATIONAL CHURCH**

Phone (414) 352-6123 ~ Fax (414) 352-8320 ~ [www.NorthShoreCongl.org](http://www.NorthShoreCongl.org)  
[www.facebook.com/north.church.3](https://www.facebook.com/north.church.3)

*A member church of the National Association of Congregational Christian Churches  
and the Wisconsin Congregational Association.*

**MINISTERS**

All members of North Shore Congregational Church

**ASSISTED BY**

Rev. Dr. Martin Hall, Senior Minister	Rev. Julie Sheridan-Smith, Associate Minister
Maribeth Penno, Assistant to Christian Enrichment	Rick Kieffer, Music Director
Dr. Rodney Loren, Organist	Becky Whelpley, Organist
Leslie Krueger, Children's Choir Director	Kerrin White, Office Manager
Mike Fugarino, Custodian	Shannon Schimpf, Crib & Crawler Coordinator
Adam Penno, Sam Marx, Abby and Jack Schill, and Nicole Lennie, Sunday Custodians	