

North Shore Church News

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OUR PURPOSE IS TO GROW AND DEEPEN
CHRISTIAN DISCIPLESHIP
IN A FAITH COMMUNITY GUIDED BY THE
HOLY SPIRIT.

September 2016

“A Few Thoughts On.....”

What’s Ahead...

OUR PURPOSE IS TO GROW AND DEEPEN
CHRISTIAN DISCIPLESHIP
IN A FAITH COMMUNITY GUIDED BY THE
HOLY SPIRIT.



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Sunday Morning

8:00 Worship—Chapel
10:00 Worship—Sanctuary
10:15 Sunday School
11:00 Coffee & Fellowship

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Fox Point, WI

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Dear Friends,

As I sit to write my newsletter message, each month, my mind reflects on the various things I might want to share with the congregation. Current events, church life, seasonal realities, recent experiences – they all float through my mind as I consider the message I might compose. As I sit this month, however, I can’t help but simply look at the plethora of ministries and programs (both new and old) that are being prepared for the coming program year. And, all I can say is – this is going to be fun!

Throughout this newsletter you will find reflections of a number of the programs that will be starting in the coming weeks.

- ❖ The year will kick off with Commissioning Sunday (a slight reframing of our traditional Rally Day) in which we will celebrate and commission our worship and educational leadership as their efforts get underway.
- ❖ In Sunday school, an exciting new curriculum will be embraced that will offer a new approach to how our young people are engaged during their Sunday morning time, and a monthly ‘Children’s Chapel’ will become part of our regular schedule.
- ❖ Meanwhile, for our youth, a new Confirmation class will begin their two-year journey of exploring their faith while our most recent confirmands will become the core of a new Sunday morning youth program that will be led by Rev. Julie two times each month.

Then comes October...

- ❖ The month will kick off, on October 2, with a unique and wonderful celebration of World Communion Sunday. In addition to our World Communion worship service, we will follow the 10am service with another gathering

What's Ahead... cont..

around the table – this time with an international potluck, where we all bring a special dish that reflects our ancestry and heritage.

- ❖ A few days later, on October 7, we will launch our first Coffee, Chords and Kids event – a new monthly program (first Friday of each month) in which our members and neighbors will be invited to join us for coffee and live music in Friendship Lounge, with a family-friendly movie being shown downstairs for the kids. What a great way for us to come together with our community!
- ❖ As we approach Halloween, October 22 is the tentative date for our first ever Trunk or Treat and fall festival. Details are still coming together on this one – so watch for more on this great event for members of ALL ages.

And it just keeps going...

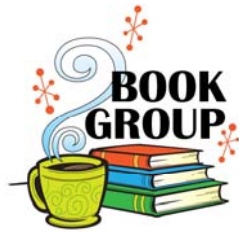
- ❖ The Fellowship Committee is planning a multitude of varying activities for our membership throughout the year.
- ❖ Our worship team is looking forward to an Advent season that will focus on the characters of the Nativity and will include a luncheon with a 'Share Your Nativity' event – a time in which we will all be encouraged to bring in our nativities and share the many ways in which the scene of Jesus' birth is depicted in our homes.
- ❖ Our Health Committee is looking into new opportunities for education and support of our membership.
- ❖ Our music leadership is looking towards another wonderful year of music for participants of all ages.
- ❖ Our staff is developing programs to help our congregation become more fully aware of, and engaged in, the many ministries we have.
- ❖ Our administrative team is working towards a new data and communication platform that will help communication and record-keeping on every level of our church life.
- ❖ And more, and more...

I have to tell you that I am truly excited for the many things that are happening in the life of our church as we head into the 2016-2017 program year, and how grateful I am for the staff, leaders and volunteers who are coming together to make it all happen. This is going to be fun – and I truly pray that each and every one of you will come around to be a part of it all.

Your Pastor and Friend, **Marty**

EDUCATION AND FORMATION OPPORTUNITIES

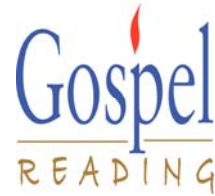
Tuesday Morning Book Group



Meets in Friendship lounge on Tuesday's 10-11 am. Starting September we will begin discussion on William Kent Krueger's novel Ordinary Grace. As one review writes, this is "A beautiful and engaging story...revealing in even the smallest ways how grace enters into brokenness and loss and grief and provides hope." If you ordered a copy already, they are available in the church office. Sept 6th there will be an overview of the author and the book and we will begin discussing chapters 1-8 on September 13th.

Thursday Morning Bible Study

Join us in Friendship Lounge on Thursday mornings from 9:30-11:00 for engaging conversation with the Bible and each other. September and October we will discuss the book of Ruth, and beginning in November we will deepen our conversation with the Book of Acts. If you have an interest or would like to simply come and see if this is for you, please feel free to join us in Friendship lounge.



If you have any questions or thoughts about Bible studies and book groups, please contact Julie Smith at 414-588-8693 or juliesmith@northshorecongl.org.

Wednesday Evening Study with Professor John Perry:

John Perry will discuss Resurrection Appearances of Jesus on Wednesday evenings 6:30 – 8:00 in the upper room classroom starting on September 14. Come for what is sure to be an intriguing, enlightening and challenging discussion on this core aspect of our faith.



Knit together by God! Please note, the group will meet at Elizabeth Krueger's place (Sarah Chudnow, 10995 N Market St, Mequon) in the open meeting area from 1-2 pm Friday September 16. Contact Rev. Julie for more details or to carpool from Church.

FELLOWSHIP AND OUTREACH OPPORTUNITIES

An Opportunity to Serve!

Church Deacons Lisa Wermuth and Sheila Hanrahan are responsible for finding four greeters and four ushers for the 10:00 a.m. Sunday church service each week. Greeters and ushers help to make both visitors and church members feel warmly welcomed to worship at North Shore Church. Please consider volunteering for this friendly and important church ministry! Check your calendars, and on **Commissioning Sunday, (September 11, 2016), sign up** in Friendship Lounge for a convenient date to serve as an usher or greeter this year. Thank you very much.



Repairers of the Breach Lunch Making

We do not make lunches in September, but will be glad for your help on the first Sunday of October and beyond making 75 bag lunches for Repairers of the Breach



daytime homeless shelter. Please contact Tom Smith at jtsmith5@sbcglobal.net if you would like to donate food items, shop for supplies, or deliver the lunches.



Please join **Lydia Circle for the Fall-Kickoff** on Monday, September 26 at 9:30am, all ages welcome!

Special guest, Elizabeth Vogt, daughter of Ann Luber, will present "Sisters"; an eye-opening, heartwarming story of abused women from the streets of Milwaukee.

Elizabeth is a dedicated volunteer at the Milwaukee County jail and the Benedict Center.

WORSHIP SCHEDULE

REGULAR WORSHIP SCHEDULE RESUMES

Please note the basic schedule Sunday morning schedule beginning September 11
(runs through June 11, 2017)

- 8:00** **Worship in the Chapel upstairs**
- 9:00** **Centering Prayer in the Library**
Children's Choir (upstairs in the Chapel)
Confirmation Class (upstairs)
YouthConnect breakfast September 18 and the first and third Sundays
October through May (see article for more information).
- 9:15** **Chancel Choir** (sanctuary)
- 10:00** **Worship in the Sanctuary**
- 10:15** **Sunday School** following the Children's Message in the sanctuary there will be
an invitation to Sunday school for children 3 years old through 6th grade.
- 11:00** **Fellowship** coffee and conversation

SAVE THE DATE!

Mark your calendars for our **World Communion Potluck - Sunday, October 2**, immediately following the 10am worship service. In celebration of World Communion Sunday, we will follow worship with a potluck in which every member will be encouraged to bring a dish that is a reflection of their own ancestry/heritage. While people are welcome to bring any dish, we are suggesting a the following categories in order to ensure a variety of foods.

Last names starting with...
A-G: Appetizer or side dish.
H-P: Main dish.
Q-Z: Dessert.

Start thinking about what you might bring, and join us on October 2 for this wonderful time of food and fellowship around the table.

WORLD COMMUNION
Potluck



Commissioning Sunday September 11, 2016



Gather in the sanctuary at 10 am for Commissioning Sunday! We will acknowledge and commission our education and worship teams, the choir will fill the chancel and our new large group/small group Sunday school will kick off (See Children's Ministry page for more details).

Additional follow-up efforts from the Stewardship committee resulted in additional pledges and increased projections for full-year giving. This, combined with continued strong trends in non-EOG giving, resulted in NSCC ending the second quarter with a better full-year financial outlook than at the end of the first quarter. Overall expenses remain well-controlled and within budget. At this point there is not a need to implement mid-year budget changes, but the church leadership will review this again at the end of the third quarter. Financial statements are available in printed form on the table in the narthex, and electronic copies are available upon request to Kerrin (kerrinwhite@northshorecongl.org).



LOAVES AND FISHES

St. Ben's Meal is an outreach program that serves Milwaukee's neediest citizens. On the third Tuesday of each month, September through May, NSCC provides casseroles, desserts and servers for the evening meal. Please consider joining over 100 NSCC volunteers* who already help out on this much needed, and personally gratifying program. If you have questions, please contact Dona Wininsky, 414-778-2243.

(*Last year's volunteers will receive a separate mailing. Please respond only once.)

I will provide casseroles (one recipe = two pans)

Monthly (September-May) _____

The following months (please list) _____

As needed (Dona will call to confirm) _____

I will prepare desserts (60 pieces)

Monthly _____

The following months (please list) _____

As needed (Dona will call to confirm) _____

I will serve at St. Ben's (please list number of servers) _____

The following months (please list) _____

PLEASE NOTE – **MARCH** IS RESERVED FOR CONFIRMATION CLASS

As needed (Dona will call to confirm) _____

I will drive food from church to St. Ben's (pick up at 3:45pm)

Monthly _____

The following months (please list) _____

As needed (Dona will call to confirm) _____



BENEVOLENCE

We'd like our church family to know more about NSCC's local benevolence recipients. This month HOPE Network and Advocates of Ozaukee County are highlighted:



HOPE Network is a support network for single mothers in the Greater Milwaukee Area. Founded by Gail Grenier Sweet, it features the tagline "Mothers Helping Mothers Since 1982." HOPE Network offers programs and resources to help mothers and single pregnant women gain a sense of confidence and self-reliance. They also offer events and gatherings to build a sense of community among members and to enhance parenting skills.

Membership in the network costs \$5 and includes the following: portable crib program; parenting classes; educational day care tuition grant program for mothers returning to school beyond high school; Mothers' Trading Post and other free clothing banks; quarterly publication and monthly updates filled with free and inexpensive parenting education resources and community agencies, as well as want ads; and Second Saturday Support Group gatherings for mothers and their young children, sponsored by the Christ Child Society.



Advocates of Ozaukee was founded in 1982 by two local women striving to support and empower victims of domestic and sexual violence.

With a commitment to safety, respect and compassion for individuals and families, Advocates of Ozaukee works to end domestic and sexual violence through intervention, education and prevention services. The organization reached full status as a domestic abuse shelter by implementing a 24-hour crisis line, temporary emergency housing and transportation to get there, arrangements for education of school age children, advocacy and counseling, along with referral and follow-up services. The outreach programs of Advocates of Ozaukee are widespread and are successfully reaching young community members, teaching the elements of healthy relationships as well as how to identify an abusive relationship and dispel myths about what constitutes abuse.

NSCC BRIDGE MARATHON 2016-2017



Church Bridge Luncheon and Kick-off Wednesday September 21

Join other ladies of the church for a salad luncheon at 11:30 am in Friendship Lounge and plan on staying and playing the afternoon away!!

If you are a "seasoned" member, come with your partner and you will receive the yearly schedule of play. If you are new and would like to play, grab a friend* and come along. We always have room for a few more partnerships.

Call Marsha Krosnosky at 414-964-5415 after the 7th of September to RSVP.

*It has always been our belief that one member of the partnership should be a member of NSCC.



COFFEE CHORDS & KIDS

Coffee, Chords and Kids! A Neighborhood First Friday Event!

Come for an evening of live music, coffee, tea, and desserts for the adults and movie for the kids. 6:30 – 8:30 on the first Friday of each month. Hosted at North Shore Congregational Church 7330 N Santa Monica Blvd. Fox Point. This is a neighborhood event! (There is no charge, a free will offering for the musicians appreciated). See the starting line up below!

October 7: Luke Cerney

Hailing from a small town in Northeastern Wisconsin, Luke has been playing multiple instruments, singing, and writing songs since a young age. His passion for performing and entertaining was brought to life when he relocated to Milwaukee in 2012 and witnessed the vibrance and breadth of the local music scene there. With deep roots in Americana, his eclectic fingerstyle and slide guitar playing combined with soulful vocals cover a wide variety of genres including blues, folk and country as well as many other classic and contemporary styles.

November 4th Naeim Rahmani

Born in Isfahan, Iran, Naeim emigrated to the US in 2003. Naeim, an award winning guitarist, performs regularly the Milwaukee area, Seattle, and internationally and is currently part of the guitar faculty at the Latino Arts String program in Milwaukee, a non-profit organization dedicated to encouraging the artistic development of youth in the community.

NSCC folks - how can you be involved?

Come and enjoy, invite your neighbors (there will be flyers available to distribute), bake a delicious desert to serve in the “coffee house” or be a “welcomer” at the doors. Please contact Rev. Julie and let her know what you can do!



HEALTH COMMITTEE

Maribeth's beautiful pictures shared with the children and Rev. Julie's sermon on awe on Sunday, August 14, along with two articles I recently read, sparked the idea for sharing more examples of how our relationship with green spaces, trees and other natural settings can affect our day to day wellness.

It was interesting to find there have been many studies on the subject over recent decades to the present, beginning in the 1980's in Japan, when something known as Forest Bathing - shinrin-yoku - was advocated to relieve stress. Two other studies done in Japan pointed to decrease in stress hormone levels after walking in a cedar forest, and a more recent researcher finding that trees emit aromatics (phytoncides) that afford protection from pests. However, when inhaled, these compounds bring about actual biological changes benefitting health in people. Most significant was an increase in certain white blood cells that protect against cancer, inflammation and autoimmune diseases. This, and other studies, also demonstrate decrease in blood pressure, a significant factor in heart disease.

Hospitals noted several years ago that patients who had a window with a view of trees vs a brick wall healed more quickly and used fewer pain medications following surgery.

A recent Australian study reported 10% of people had their blood pressure controlled by taking a weekly 30 minute stroll in a park. Others point out the link between being present in nature with the relief of symptoms of anxiety, depression, and attention disorders (both children and adults who went on nature walks had improved concentration and attention).

This should be an excellent reason to avoid eating lunch at your desk or driving though traffic and anxiously waiting in the drive-through for that unhealthy fast food meal!!



One more study focused on the the experience of awe in some of nature's phenomena, such as the rush of a waterfall, peering up at towering trees, or Julie's excitement of seeing an amazing combination of a meteor shower and the northern lights. The awe experience resulted in people being attuned to things being larger than themselves. The result was two-fold; one being a physical decrease in levels of inflammatory compounds in the body, and secondly, persons showed an increase in behaviors of helpfulness and generosity to others.

We are incredibly fortunate to live in a

HEALTHY MIND, HEALTHY SOUL

community with an abundance of nature, often just outside our doorstep or a short drive away. There are still many weeks of beautiful days to enjoy and an unrivaled autumn season ahead. As our “busy-ness” increases with the start of school, going off to college, starting a new job or other events that may create added stress to our lives, take some time every day to give yourself a dose of nature’s bounty!

submitted by **Jean Lemorande**

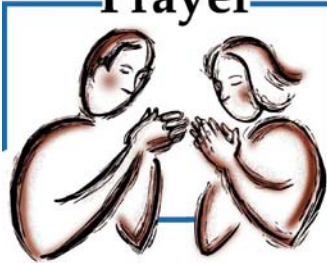
ref: Time magazine, Jul 25 2016
philipchard.com

Please Note!

The Health Committee will not be offering a flu clinic at church this fall. There will be a posting of local flu clinics on the bulletin board or you may contact your health care provider .

The Centering Prayer Group will resume meeting on Sun. Sept. 11 at 9:00 am between worship services. We gather in the library for a time of silent reflection and fellowship. All are welcome. 'NSCC Devotions' is an email extension of our group. The scripture passage, poem, prayer or reflection emailed once a week is intended as material for contemplation during the week outside of church.

Centering Prayer



I encourage all of you, everyday, to set aside worries and distractions, even if just for a moment or two, to connect with God in the peaceful space of your heart. The most difficult aspect of this for me has been allowing my mind to be free of the inevitable pushes and pulls long enough to admit that underneath the perceived demands upon me, there is a peaceful sphere within. It has helped me realize that what we expect of ourselves and of each other is very different than God's perspective. Letting go of our understandably human expectations makes more room for God.

If you have any questions about the Centering Prayer Group or would like to be included on the NSCC Devotions email list, please email me (lshawger@gmail.com) or talk with me at church.

Thank you, **Laurie Shawger**



CHILDREN'S MINISTRY



SAVE THE DATE! Sunday, September 11 at 10:00 am we start a brand new year with a brand new curriculum and a new format of learning!

Continuing in the same fashion as last year, all families, children, and teachers will begin worship together. During this time we will commission all teachers and learners. Following the commissioning, the children and adult leaders will be invited to go to Sunday school and dive into a great new and engaging curriculum that brings those big Bible stories to life! This is where the big change is! All children will begin Sunday school together in one big room to hear the story of the week from a Large Group Leader. A bible story will be introduced each week using skits, experiences, and object lessons, activities, singing and praying. The children will then break into small groups to connect and dig deeper with age-specific apply-it-to-life activities, crafts and games. These groups will be led by Small Group Leaders for about 20 minutes.

I am looking to engage as many Small Group Leaders as possible. If you love kids, want to play and enjoy watching them learn and be excited about church and the Bible stories, this might be an opportunity for you! All supplies and materials will be prepared, set up and ready for you to use! Please contact Maribeth Penno (maribethpenno@northshorecongl.org) if you are interested in helping once or twice a month.

All children will begin Sunday school in our new Large Group room downstairs (formally the Rainbow Preschool classroom).

Following the Large Group lesson children will break into small groups in these classrooms:

Pre-K/K5 – the room with the slide and loft (the other former Rainbow Preschool room)

1st/2nd/3rd grade - the classroom at the north end of the hallway closest to the kitchen

4th/5th grade – the middle two rooms

Children in Pre-K/2nd grade should be picked up downstairs in the classrooms at 11:15.

Children 3rd/6th grade will be dismissed at 11:15 to meet their parents on the main floor.

CHILDREN'S CORNER

Worship Bags and Puzzle Binders are freshened up and ready to be used. They can be found on the Noah's Ark worship center each week to help the children during worship.

Start watching for regular emails on Thursdays labeled Sunday Preview! This email will give you all the information you need to know about the lesson and special activities that will take place on Sundays. This is also one of the places where you can find out about volunteer possibilities, upcoming events and many more important things happening at NSCC! Please feel free to comment on and respond to this email frequently!



Children's Choir will practice from 9:00-9:50 on Sunday mornings beginning September 11. It is a joy to have them sing in worship once a month! Contact Leslie Krueger for more information.

Upcoming events to look forward to starting in October!

*Movie Night – Friday October 7 6:30-8:30. During the Neighborhood Coffee and Music gathering there will be a movie event for children in downstairs! Please bring friends, cousins, neighbors!

*Youth Connect Group (3rd-6th) will meet on the third Sunday every month from 4:00-5:30 Starting October 16.



Crib n Crawler will be staffed during worship on Sunday mornings from 9:45 – 11:15.

Questions?
Contact Rev. Julie Sheridan- Smith today!
414-352-6123 or 414-588-8693
juliesmith@northshorecongl.org
Or
Maribeth Penno, 414-352-6123 or
maribeth@northshorecongl.org
Or **Leslie Krueger**
LeslieKrueger@northshorecongl.org

CONFIRMATION CLASS UPDATE

Confirmation Class



We are excited to begin another two-year journey with our Confirmation students and mentors.

On September 11 at 9 am all students, parent(s), and mentors will meet upstairs for a brief “get to know you” and overview/orientation with Rev. Julie and Rev. Marty.

In September and October, we will discuss the Bible and our relationship with it as well as a “field trip” to Congregation Shalom the afternoon of October 27.

HAPPENINGS WITH YOUTH!

YouthConnect@Church!

Breakfast gatherings 9 am Sept 18 and then every first and third Sunday:

Responding to input from youth and parents there will be a twice monthly gathering for breakfast and conversation for older youth who are not in Confirmation class. Come on September 18 (downstairs church kitchen) so we can munch and catch up! Knowing that you like to put your faith in action - we will also use this time to make casseroles for the St. Ben's monthly meal program.

*I hope that many of you can help serve that meal onsite Tuesday September 20. Carpool from church @ 4 or meet at St. Benedict the Moor, 1015 N 9th St, Milwaukee by 5 pm. **We need at least 8 people to serve so please let Rev. Julie know as soon as possible if you can help!**

Other Youth Events (offsite) will be planned by the youth. Get in the "groupchat" for planning and reminding. Please give Rev. Julie your cell phone number to be included, Lindsey Schimpf will be organizing this.

The **Wisconsin Congregational Association Youth and Camp Committee** is implementing Youth Retreat overnights. Our first retreat will be held at Ozaukee Congregational Church November 4-5. Watch for me details!

Parents/Youth: Let us know if there is a special event, games, musical, play, etc... that you are involved in so the church can cheer you on! Message Rev. Julie with dates and events.



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NORTH SHORE CONGREGATIONAL CHURCH

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*A member church of the National Association of Congregational Christian Churches
and the Wisconsin Congregational Association.*

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All members of North Shore Congregational Church

ASSISTED BY

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Maribeth Penno, Assistant to Christian Enrichment	Rick Kieffer, Music Director
Dr. Rodney Loren, Organist	Becky Whelpley, Organist
Leslie Krueger, Children's Choir Director	Kerrin White, Office Manager
Mike Fugarino, Custodian	Shannon Schimpf, Crib & Crawler Coordinator
Adam Penno, Sam Marx, Abby and Jack Schill, and Nicole Lennie, Sunday Custodians	